

GONGTOPIA



The ALCHEMY of SOUND

Imagine floating in an ocean of sound, where you can let go of all your stress and worries. Gongs, Singing Bowls, Bells, and other instruments ring out, creating waves of vibrations that wash over you. Your body and energy systems are able to realign and recharge, helping to clear out blockages, while leaving you refreshed.

Percussionist **Michael Bettine** has been working with these instruments for over 40 years. He has written various books on percussion and released over 40 recordings under his name. His long running blogs, *The Way of the Gong™*, *Art As A Spiritual Practice*, and *Percussion Deconstruction™*, have been embraced by both the meditation/sound therapy, and percussion communities.

He has presented workshops on Gongs at the prestigious **Percussive Arts Society International Convention (PASIC)** in 2005 & 2012; and was the *Artist in Residence* at the 2016 **MONA FOMA Festival** in Hobart, Australia.

Quotes:

The responses I've received following my survey on customer satisfaction last night are some of the best I've ever had for any offering from any practitioner since I've been in business. Your soul expressed such genuine kindness during your facilitation last night. I thank you from the bottom of my heart for bringing your A-game! - Creative Care Wellness Center

Bettine played the room as much as the instruments, exploring the beating tones of vibrations. Creating a shifting wall of sound that washed over the audience, Bettine offered us a distinctive exploration into the craft of percussion. - Real Time Arts, Australia

Bettine's work is the sonic equivalent of action painting. Using mallets as brushes and the Gongs as a canvas, he creates vast washes of vibration and punctuates them with stabs and slashes of crescendo. He's a combination of abstraction and visceral physicality. - MONA FOMA, Hobart, Australia